

THE BASICS BINGO CHALLENGE

What are the Basics?

The Basics are five fun, simple, and powerful ways that every family can give every child a great start in life.



1. Maximize Love, Manage Stress



2. Talk, Sing, and Point



3. Count, Group, and Compare



4. Explore through Movement and Play



5. Read and Discuss Stories

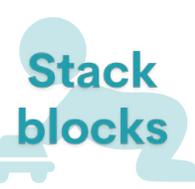
How do I get started?

1. Practice a tip on the Basics Bingo card with your child.
2. Checkmark the spot as complete.
3. Once you've completed 5 in a row, return to your library to receive an icon to add to your Basics Bag. You can do this a maximum of 5 times.
4. If you want to blackout your card (meaning, you complete all 25 Basics on the board), return your completed Basics Bingo card to your library to receive a free t-shirt for your child.*
5. Do a happy dance and post it on social media #DoBasics!



*limit one t-shirt per child per year

The Basics BINGO

 Let them help you	 Cuddle + read	 Clap to the beat	 Draw and color	 Use silly voices
 Talk about pictures	 Go for a walk	 Sing a song	 Snuggle together	 Let them turn the pages
 Stack blocks	 Play together	 Read before bed	 Listen and respond	 Compare two things
 Sort things by color	 Ask questions	 Tickle fight	 Look for shapes	 Play outside
 Describe your day	 Point + count objects	 Play pretend	 Read in a funny voice	 Talk about feelings

Science shows that 80% of brain growth happens by the age of three! The Basics Principles are five fun, simple, and powerful ways to help all our children aged 0-3 grow to be happy and smart.